

Upper Cape Regional meeting  
October 22, 2024  
80 Blue Spruce Way, Mashpee  
6:30 p.m.

In attendance: Adrianna Glazener, Donna Martin, MB Maughan, Val Brunetti, Sue Bernier, Jeff Idels

We had a wide ranging, informal “round table” discussion, talking about how each of us came to Hearts and Paws, what our dogs were like, what our expectations were for our visitations (schools, senior centers, Alzheimers support, etc), our availability, and more.

The main thrust was getting to better know our fellow Upper Cape members, and to help current and new members get a better feel for what’s available to them and really be able to enjoy the benefits of membership.

Along the lines of visitation, we reviewed the following list of possible new opportunities on the Upper Cape:

**Gosnold Treatment Center at Emerson House – West Falmouth**

Clinical stabilization center for drug and alcohol addiction. This residential facility is open 24/7.

**ARC of Plymouth and Upper Cape Cod – Sandwich**

Shared living for people with autism or brain injury.

**Recovering Champions – Falmouth**

Comprehensive drug and alcohol treatment and recovery.

**Cape Winds Rest Home – Sandwich**

Senior living facility offering, housing, monitoring and occasional social services. We’ve already made one visit here.

**Seaview Adult Day Care - Mashpee**

Adult day health program to meet the needs of older adults and folks with disabilities. We visited here about two years ago.

All these opportunities were met with enthusiasm. Jeff will be making call backs and arranging interviews with the folks who run them, to figure out how to proceed.

We also talked about the Upper Cape team’s involvement in some of the many community events Hearts and Paws attends. These are an amazing way to meet and recruit potential new members (that’s how we found most of you!). Upcoming events include the November 23rd Eastham Turnip Festival (where we’ll be at the Eastham Public Library, with kids reading to dogs), the December 8<sup>th</sup> Harwich Christmas Stroll and the December 8<sup>th</sup> Dennis Village Stroll.

We also touched upon Upper Cape members getting involved in Hearts and Paws Operations. Donna Martin has become our Webmaster (hooray!) and Adrianna Glazener has joyfully volunteered to help put together our brand new member newsletter (also hooray!).

Jeff Idels